

APPRENTICESHIPS AT NCH&C

NHS
Norfolk Community
Health and Care
NHS Trust

INTRODUCING HEALTHCARE ASSISTANT (HCA) APPRENTICESHIPS



 Apprenticeships

the
talent
for
care

WHAT IS A HEALTHCARE ASSISTANT (HCA) APPRENTICE?

HCA apprentices can work in ward based or community settings under the guidance and supervision of a qualified healthcare professional. You will have the opportunity to provide patient care whilst also studying towards a nationally recognised qualification.

Working under the close supervision of the nursing team, post holders will be required to achieve work-related competencies in order to achieve the full Apprenticeship.

A typical HCA at NCH&C will support patients with their day-to-day care including:

- Helping patients to wash and dress
- Making and changing beds
- Helping patients to eat and drink
- Taking and recording basic observations
- Turning patients who are confined to bed to prevent pressure ulcers

ENTRY CRITERIA:

- A minimum four GCSEs at grade D/4 or above (there is the option to do English and Maths Functional Skills Level 2 on programme)
- Aged 16 or over and have been resident in the UK/EU for the last three years

CASE STUDY: YASMIN MOORE, HCA APPRENTICE

What were your reasons for applying for the HCA apprentice role?

I was at the end of my first year at college and didn't feel like it suited me. I've always wanted to be a nurse and when I saw the apprenticeship advertised I thought I would apply as it would help me gain the experience and qualifications I needed.

What was your biggest learning/achievement?

My main goal was to learn how to handle and care for all types of patients, I have learnt how important it is that all patients are treated as equals.

What are your plans for the future?

I have now started a new job as a Community Healthcare Assistant Band 3, which I absolutely love. I feel more confident in myself and my nursing practice now that I have had experience working on the ward. I am still learning a lot and would like to complete another NVQ to help my career progression and my personal development.

What advice would you give others?

Save your money, study hard and keep going - it's worth it in the end.

Would you recommend this to others?

Yes, I would. I feel like I have learnt a great amount in the apprenticeship.