



**NHS**

**Norfolk Community  
Health and Care**  
NHS Trust

**I AM A...**

**Occupational Therapist**

**BECAUSE...**

- I have been inspired by other OT's
- I want enable/empower individuals to fulfill their goals following health, injury or disability challenges
- I want to see people thrive in their communities and at home, by empowering individuals to be proactive in their care planning
- I want to change social perspectives about aging, mental health, disability and wellbeing

**ALLIED HEALTH  
PROFESSIONS DAY  
14TH OCTOBER 2021**

**#AHPsDay**