

Short breaks home nursing team

Caring for a loved one can be an exhausting experience and respite care is incredibly important.

It's our vision to provide the highest quality respite care to children with complex health needs. We strive to provide a service that meets the needs of families and allows them to rest, spend time with other family members, or to do something different.

We have a dedicated team of qualified nurses and trained nursing assistants who have qualifications or training to meet the needs of children with learning disabilities and complex health needs.

We provide care to children aged 0-18yrs who have complex health needs, which may include administering oxygen, suction, medications, stoma care, gastrostomy/jejunostomy feeds, naso-gastric tube feeding, support with oral feeding, tracheostomy care, management of epilepsy, physical care needs and mobility needs etc.



A registered nurse will work with you and your child to devise safe and effective care plans to ensure all your child's individualised needs are met during their short break session. Depending on their individual needs their regular session may be provided by a nurse or nursing assistant.

Our nursing assistants will be trained by one of our nurses in the care your child requires and will be supervised until they are confident to carry out the care on their own.

We aim to be flexible in the planning and delivery of our short breaks to your family wherever possible. We work with families to make sure sessions are bespoke and meet the needs of the child and their family. Staff can take your child out of the family home with your permission to enjoy activities elsewhere if this is appropriate.

Children's needs are scored using a framework which we use to decide eligibility and the level of care and this is reviewed annually. Children receive either three or four hours per week of short break care in the home.

Referrals can be made to the Children's Short Breaks Home Nursing team via a health professional or social worker who knows your child.

The team can be contacted by phone on 01603 508947. There is an answerphone if there is no one available to take your call so do leave a message.

Or email:
childrensshortbreaknursing@nchc.nhs.uk

